



Sibling Support – Schools

Schools play an important role in supporting siblings who have a brother or sister with a life-changing illness or injury. This document is intended to be a guide to help facilitate discussions between caregivers, school nurses, teachers and guidance counselors. Discussions that will help the school personnel gain an understanding of what your child knows about his/her brother or sister's illness/injury and treatment plan, learn about any potential challenges they face, and create a plan to facilitate coping when they are in school to support their emotional health and school success.

STUDENT INFORMATION

Student's Name: _____ Date: _____

Family Phone Number: _____

Age: _____ Grade: _____ Teacher: _____

SIBLING INFORMATION

Name of Sibling with an illness or injury: _____

Teachers and Counselor's Names: _____

Sibling's Diagnosis: _____

Date of Diagnosis: _____

STUDENT QUESTIONS

What do you know about your brother/sister's illness/injury?

What do you want your friends to know about your family?

What do you want your teachers to know about your family?



Who do you stay with most of the time when at home?

How has your family changed since your sibling's diagnosis?

How do you help out at home and is this new?

What has been the hardest thing about school while your brother/sister is sick/hurt?

Some things that help to calm me down when I am upset are:

Are there any other things your teachers, guidance counselor, or nurse can do to support you?

Anything else you would like your school to know?

