



Sibling Resources

Websites for Caregivers

- **CopingSpace.org** – Provides easy to understand, evidence-based information that helps the parents, family and friends cope with a child's diagnosis, treatment and recovery, while building resilience for the future. Has a sibling focused section, as well as areas for community members and schools.
 - <https://copingspace.org>
- **Courageous Parents Network** – Offers information on sibling needs, bereavement and care through articles, guided pathways and video.
 - <https://courageousparentsnetwork.org>
- **The Hope Portal** – Searchable database of cancer-focused nonprofits and community organizations.
 - <https://cac2.org/interest-groups/family-support/hope-portal/>

Websites for Siblings

- **JustSibs.org** - A place just for pre-teen and teen siblings featuring choose-your-own adventure style comics to help them learn to navigate the many complicated feelings they may face. Includes coping tips and suggested activities, as well as fun videos to learn to draw featured characters.
 - <https://justsibs.org>
- **Sibs.Org** – UK-based website with resources of young and adult siblings of people with disabilities. Provides information, tips and access to sibling advisors for questions, as well as online and in-person support groups are available to UK-based adults.
 - <https://www.sibs.org.uk>
- **Siblings Australia** – Offers support to young, teen and adult siblings of children facing chronic conditions including disability, chronic illness and mental health issue. Includes information, sibling stories, a children's book for young children, and online and in person support groups for adults.
 - <https://siblingsaustralia.org.au>
- **Center for Siblings of People with Disabilities** - Offers downloadable multimedia resources and in person artistic programming.
 - <https://siblingcenter.org>



National Community Organizations and Programs

- **Sibling Support Project** - SibShops provide young brothers and sisters with peer support and information in a lively, recreational setting. Virtual support groups are offered for teens and adults.
 - <https://siblingssupport.org/sibshops/>
- **SuperSibs!** – The Comfort and Care mailing program sends age-appropriate mailings over a two-year period that include coping skills and encouragement (cancer only).
 - <https://www.alexlemonade.org/childhood-cancer/for-families/supersibs>
- **Project Sunshine** – Offers arts and crafts play sessions at hospitals, as well as in-person programming for holidays and caregivers, teleplay (virtual) and activity kits for home.
 - <https://projectsunshine.org>
- **Beads of Courage** – Sibling program helps siblings record, tell and own their story through a kit with a guidebook, beads, and collector cards. Also offers supplemental Sibling EnCOURAGEment Activities kit and sibling resource page on website for use at home or the hospital. Some associated cost.
 - <https://beadsofcourage.org>
- **Cellie Kits** – The Sibling Cellie Coping Kit includes a stuffed Cellie, a booklet for the caregivers, and coping cards for siblings. The Cellie is a stuffed coping friend who can be snuggled, cried on, talked to, or can "gobble" up worries. The coping cards help children learn about their sibling's medical condition and provides tips on topics such as talking about medical conditions, managing family challenges and managing emotions. (Associated cost and disease specific)
 - <https://www.celliecopingcompany.com>
- **Moment of Magic** – Provides in-person and virtual creative programming and streaming programming on demand (for patients and siblings). Care packages, Bravery Bags and memorials are also available.
 - <https://www.amomentofmagic.org>
- **Center for Siblings of People with Disabilities** - Offers multimedia resources and in-person artistic programming for siblings, as well as downloadable activities applicable to all conditions.
 - <https://siblingcenter.org>

Camps

- **Serious Fun Camps** – Network of camps (including Hold In the Wall Gang camp) offering sibling camps and family weekends providing fun and support in FL, NY, OH, CT, WA, MI, CA, CO, and NC. Available to families facing a wide range of illnesses and bereavement.
 - <https://seriousfun.org>
- **Camp Sunshine** – Provides family-model retreats based on illness at ME campus April-November. Offers bereavement camp, as well as Spanish speaking and off-treatment oncology retreats.
 - <https://www.campsunshine.org>
- **Comfort Zone Camp** – Camp (in person and virtual) for children who have lost a parent, sibling, primary caregiver or significant person. Not disease or relationship specific.
 - <https://comfortzonecamp.org>



Books (Feelings)

- The Way I Feel by Janan Cain
- Ruby Finds a Worry by Tom Percival
- The Color Monster by Anna Llenas
- A Little Spot of Feelings Series by Diane Alber

Books (Separation)

- My Day, Your Day by Robin Ballard
- A Suitcase Surprise for Mommy by Cat Cora
- Don't Forget to Come Back by Robie H. Harris
- The Kissing Hand by Audrey Penn

Books (Sibling-Centric)

- Daniel and His Starry Night Blanket by Sally Loughridge
- Sibling Slam Book by Don Meyer and David Gallagher
- The Perfect Shelter by Clare Helen Welsh
- Hi, My Name is Jack by Christina Beall-Sullivan

School and Community Resources

- **CopingSpace.org** – Has dedicated school and community pages offering information and advice on supporting children and families.
 - <https://copingspace.org>
- **About Me Sibling Form** – Downloadable worksheet to inform alternative caregivers about child's routines and preferences.
 - <https://copingspace.org/wp-content/uploads/2022/05/AboutMeSupportForm.pdf>
- **Sibling School Support Form** – Downloadable worksheet designed to be used as a reference and discussion guide for parents, guardians, teachers and counselors.
 - <https://copingspace.org/wp-content/uploads/2021/08/CopingSpace-School-Sibling-Support-Form.pdf>
- **Sibling-Focused Webinar Continuing Education for School Personnel** – Free, one hour webinar on supporting siblings in school settings with a certificate of completion available upon completion.
 - <https://learning.copingspace.org>



Websites for Providers

- **HealthcareToolbox.org** – Provider and family focused information and resources, including free, interactive online CEs (currently 6 one-hour courses).
 - <https://www.healthcaretoolbox.org>
- **Sibling Partnership for Advocacy, Research and Care (SPARC)** - Community-academic partnership of advocates, researchers, and care professionals promoting awareness regarding the diverse experiences and needs of siblings. Offers an educational webinar in 5 modules.
 - <https://siblingpartnership.squarespace.com>
- **Sibling Blueprint** – Provides blueprint for providing psychosocial sibling support services. Includes a timeline for services, process to match support with needs, tips for advocating for sibling programming and case studies for various types of settings.
 - <https://childfam.wixsite.com/siblingblueprint>