



Sibling Resources

Websites for Caregivers

- **CopingSpace.org** – Provides easy to understand, evidence-based information that helps the entire family cope with a child’s diagnosis, treatment, recovery and/or death, while building resilience for the future. Has an extensive sibling-focused section, as well as areas for community members and schools.
 - <https://copingspace.org>
- **Courageous Parents Network** – Offers information on sibling needs, bereavement and care through articles, guided pathways and video.
 - <https://courageousparentsnetwork.org>
- **The Hope Portal** – Searchable database of cancer-focused nonprofits and community organizations.
 - <https://cac2.org/interest-groups/family-support/hope-portal/>
- **Fundación Natali Dafne Flexer** – Spanish-language resources with information on the entire family’s experience with childhood cancer, a free library of downloadable books, and an app.
 - <https://www.fundacionflexer.org>

Websites for Siblings

- **JustSibs.org** - A website for pre-teen and teen siblings featuring choose-your-own adventure style comics to help them learn to navigate the many feelings they may face. Includes coping tips and suggested activities, as well as fun videos to learn to draw featured characters.
 - <https://justsibs.org>
- **Canteen** – Provides extensive, approachable guides for siblings of children with cancer, and the friends of siblings, as well as an online community. Overnight programs and counseling are available to teens in Australia.
 - <https://www.canteen.org.au>
- **National Cancer Institute** – Offers a 100-page cancer guide for teen siblings and a workbook for siblings of children with all illnesses.
 - <https://www.cancer.gov/publications/patient-education/sibling-has-cancer>
 - <https://ccr.cancer.gov/sites/default/files/brotherssisterseng.pdf>
- **Sibs.Org** – UK-based website with resources of young and adult siblings of people with disabilities. Provides information, tips and access to sibling advisors for questions, as well as online and in-person support groups for adults.
 - <https://www.sibs.org.uk>



- **Siblings Australia** – Offers support to young, teen, and adult siblings of children facing chronic conditions including disability, chronic illness and mental health issue. Includes information, sibling stories, a children’s book, and online and in-person support groups for Australian adults.
 - <https://siblingsaustralia.org.au>
- **Center for Siblings of People with Disabilities** - Offers downloadable multimedia resources and in-person artistic programming.
 - <https://siblingcenter.org>

National Community Organizations and Programs

- **Sibling Support Project** - SibShops provide young brothers and sisters with peer support and information in a lively, recreational setting. Virtual support groups are offered for teens and adults.
 - <https://siblingssupport.org/sibshops/>
- **SuperSibs!** – The Comfort and Care mailing program sends age-appropriate mailings over a two-year period that include coping skills and encouragement (cancer only).
 - <https://www.alexslimonade.org/childhood-cancer/for-families/supersibs>
- **Project Sunshine** – Offers arts and crafts play sessions at hospitals, as well as in-person programming for holidays and caregivers, teleplay (virtual) and activity kits for home.
 - <https://projectsunshine.org>
- **Beads of Courage** – The sibling program helps siblings record, tell, and own their story through a kit with a guidebook, beads, and collector cards. Also offers a supplemental Sibling EnCOURAGEMENT Activities kit and a sibling resource webpage for use at home or the hospital. (Associated cost)
 - <https://beadsofcourage.org>
- **Cellie Kits** – The Sibling Cellie Coping Kit includes a stuffed Cellie, a booklet for the caregivers, and coping cards that help children learn about their sibling’s medical condition and provide tips on topics like talking about medical conditions, dealing with family challenges, and managing emotions. (Associated cost and disease specific)
 - <https://www.celliecopingcompany.com>
- **American Childhood Cancer Organization** – Offers an Emotional Communications Kit, as well as children’s book, a child-friendly cancer explanation film and activity sheets for siblings of pediatric cancer patients.
 - <https://www.acco.org/blog/resources-for-siblings/>
- **Gold Rush Cure Foundation** – Delivers Pots of Gold, one-time personalized gift deliveries, to pediatric cancer patients and their siblings, ages 0-20 years.
 - <https://goldrushcure.org>
- **Moment of Magic** – Provides in-person and virtual creative programming, and streaming programming on demand (for patients and siblings). Care packages, Bravery Bags and memorials are also available.
 - <https://www.amomentofmagic.org>

Camps

- **Serious Fun Camps** – Network of camps (including Hole in the Wall Gang camp) offering sibling camps and family weekends providing fun and support in FL, NY, OH, CT, WA, MI, CA, CO, and NC. Available to families facing a wide range of illnesses and bereavement.
 - <https://seriousfun.org>
- **Camp Sunshine** – Provides family-model retreats based on illness at ME campus April-November. Offers bereavement camp, as well as Spanish speaking and off-treatment oncology retreats.
 - <https://www.campsunshine.org>
- **Camp Casco** - Day camp for pediatric cancer patients and siblings ages 6-12, and a sibling specific overnight retreat for ages 9-16 in MA.
 - <https://www.campcasco.org>
- **Camp Make-A-Dream** – Offers two sessions for siblings of pediatric cancer patients in MN, one for school-age siblings and one for teens.
 - <https://www.campdream.org>
- **Camp Erin** – Nationwide bereavement camps for children, ages 6-17, who are grieving the death of a significant person in their lives. Also offers online family support groups, a National Bereavement Resource Guide, and an online resource center.
 - <https://elunanetwork.org/camps-programs/camp-erin>
- **Comfort Zone Camp** – Camps (in person and virtual) nationwide for children who have lost a parent, sibling, primary caregiver or significant person. Not disease or relationship specific.
 - <https://comfortzonecamp.org>

Books (Feelings)

- The Way I Feel by Janan Cain
- Ruby Finds a Worry by Tom Percival
- The Color Monster by Anna Llenas
- A Little Spot of Feelings Series by Diane Alber

Books (Separation)

- My Day, Your Day by Robin Ballard
- A Suitcase Surprise for Mommy by Cat Cora
- Don't Forget to Come Back by Robie H. Harris
- The Kissing Hand by Audrey Penn
- The Invisible String by Patrice Karst

Books (Sibling-Centric)

- Daniel and His Starry Night Blanket by Sally Loughridge
- Sibling Slam Book by Don Meyer and David Gallagher
- The Perfect Shelter by Clare Helen Welsh
- The Memory Box: A Book About Grief by Joanna Rowland

- Quando Tu Hermano o Hermana Tiene Cancer by Fundación Natali Dafne Flexer
 - Free download at <https://www.fundacionflexer.org/libros/cuando-tu-hermano-o-hermana-tiene-cancer>
- Cancer Infantil (Diagnostico y Tratamiento) by Fundación Natali Dafne Flexer
 - Free download at <https://www.fundacionflexer.org/libros/cancer-infantil-diagnostico-y-tratamiento>

School and Community Resources

- **CopingSpace.org** – Has dedicated school and community pages offering information and advice on supporting children and families.
 - <https://copingspace.org>
- **About Me Sibling Form** – Downloadable worksheet to inform alternative caregivers about child’s routines and preferences.
 - <https://copingspace.org/wp-content/uploads/2022/05/AboutMeSupportForm.pdf>
- **Sibling School Support Form** – Downloadable worksheet designed to be used as a reference and discussion guide for parents, guardians, teachers and counselors.
 - <https://copingspace.org/wp-content/uploads/2021/08/CopingSpace-School-Sibling-Support-Form.pdf>
- **Sibling-Focused Webinar Continuing Education for School Personnel** – Free, one hour webinar on supporting siblings in school settings with a certificate of completion available upon completion.
 - <https://learning.copingspace.org>

Websites for Providers

- **HealthcareToolbox.org** – Provider and family focused information and resources, including free, interactive online CEs (currently 6 one-hour courses).
 - <https://www.healthcaretoolbox.org>
- **Sibling Partnership for Advocacy, Research and Care (SPARC)** - Community-academic partnership of advocates, researchers, and care professionals promoting awareness regarding the diverse experiences and needs of siblings. Offers an educational webinar in 5 modules.
 - <https://www.siblingpartnership.org>
- **Sibling Blueprint** – Provides blueprint for providing psychosocial sibling support services. Includes a timeline for services, process to match support with needs, tips for advocating for sibling programming and case studies for various types of settings.
 - <https://childfam.wixsite.com/siblingblueprint>

Further websites, books, apps and videos for each family member is available at <https://copingspace.org/resources/>.